



Press Release

Lansing Community College
P.O. Box 40010
Lansing, MI 48901-7210

FOR IMMEDIATE RELEASE
September 28, 2009

Contact: Ken Jones
517/483-1861 jonesk@lcc.edu

LCC OFFERS RECHARGE WEEK-END *Includes helpful business, personal interest, self- improvement workshops*

Lansing Community College will host a weekend of more than 25 workshops for individuals to re-charge, re-tool and renew in “Recharge Weekend” from **Friday, October 9, 6:00 pm-8:00 pm and Saturday, October 10, 9:00 am– 3:30 pm at LCC’s East Campus, 2827 Eyde Parkway, East Lansing.**

“Recharge Weekend provides an opportunity to pursue subjects you’ve had a passing interest in but never took time to explore,” said Jean Morciglio, Director of LCC’s Extension and Community Education. “In addition, Recharge Weekend can provide exposure to skills and assistance that can help you transition to a new career.”

Workshops include Lifelong Learning sessions in photography, art, health, new technologies and social media. There will also be workshops on resume writing, retirement, and starting your own business.

The keynote speaker is Bob Littell, creator of NetWeaving , a form of relationship-building that can strengthen relationships with potential employers; help develop new relationships; and expand referral networks.

Saturday’s luncheon features Dr. Jonathan Robison, health promotion specialist, addressing "why people do what they do and don't do what they don't do," a humorous and helpful look at human behavior.

The program will also include time for relaxation with music and refreshments. The cost of the program is \$59. For more information about the event visit: lcc.edu/recharge or call LCC Extension and Community Education at 483-1860.

###